

How to Talk with Your Medical Provider About Your Migraine Pain



Congratulations on taking the first important step in finding a way to better manage your migraine pain.

Share your Migraine Pain

Your provider will want to know how often you experience pain, pain level, how it affects your life, and what you've tried to manage the pain. It's helpful to think about:

- Is your headache pain impacting your life more than you thought?
- Are you satisfied with your current treatment plan?
- Are you interested in trying a non-drug treatment option?

What is CEFALY?

CEFALY is the first FDA-Cleared medical device of its kind for the treatment of migraine. It is cleared for:

- The acute treatment of migraine with or without aura in patients 18 years of age or older.
- The preventative treatment of episodic migraine in patients 18 years of age or older.



How Does it Work?

CEFALY is an External Trigeminal Nerve Stimulation device (e-TNS) that sends tiny impulses through an electrode positioned on the forehead to modify pain transmission and dissensitize the trigeminal nerve, reducing the frequency and intensity of migraine attacks.



No drugs, surgery, or injections



Treat anytime, anywhere



Easy to use



FDA cleared

CEFALY is fully covered under VA benefits.

Over 2.7 million Veteran Migraines treated in the last year.

Following one hour of treatment with CEFALY, 63% of patients saw their migraine pain significantly reduced by more than 50%.¹

¹Chou D.E. et al. Acute migraine therapy with external trigeminal neurostimulation (ACME): A randomized controlled trial. Cephalalgia. 2018; 39(1): 3-14.

Safe & Well-Tolerated

CEFALY has few side effects, including:

Most Common (5% of users)

- Intolerance
- Mild Sedative Effect
- Allergic Contact Dermatitis

Less Common (2%-5% of users)

- Headache
- Persistent Sensation
- Neck Muscle Tightness

Rare (<2% of users)

- Nausea
- Tinnitus
- Tooth Pain
- Hyperlacrimation

Do not use CEFALY if you:

- Have implanted metallic or electronic devices in the head.
- Are suffering from pain of unknown origin.
- Have a cardiac pacemaker or implant or wearable defibrillator.

Proud to Partner with Veterans Administrations throughout the US

Customer Support
For support call 1-844-475-7100
Or email info@cefaly.us

Mon-Fri, 9am - 5pm ET

Learn more at www.cefaly.com/for-veterans

FAX VA Orders
203-309-6045

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TECHNOLOGY